

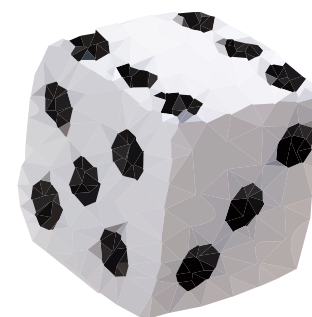
Speed Game

Parents, please paraphrase and modify to meet the age-appropriate needs, attitudes, and safety concerns of your family. Younger children can watch parents enjoying this activity to model healthy family life.

What You'll Need: sheets of paper, pencil or pen, a die

Before you play: set all materials in the center of a table

Speed is the strategy for this game. Choose a player to begin. That player will roll the die. The die will continue to be passed to the player on the right until someone rolls a six. When that happens, the player will grab the pencil or pen and a sheet of paper and start writing down numbers from 1 to 100. While he is doing this the die will continue to be passed around the table. If another player rolls a six she will grab a sheet of paper and begin writing down numbers. The goal is to be the first person to write down numbers from 1-100 first.



"If you are tired from carrying heavy burdens, come to me and I will give you rest." —Jesus in Matthew 11:28 (CEV)

- How is living in the "kingdom of this world" like the Speed Game? Choose your top two:
(a) this game is like life in that it can be stressful, (b) to win you have to stay focused on beating rather than helping others, (c) it's all about me, (d) selfishness is stressful and anxiety-provoking, (e) it's all about me being in charge and having power, (f) in the kingdom of this world we try to control others and get revenge when we can't.
- How does living in "God's kingdom" help us rest in Christ"? (a) when it's about helping others as well as ourselves, our lives becomes less stress-filled and more cooperation-filled, (b) in God's kingdom we act and look more like Jesus, (c) we can rest in Christ when we are focused on loving others, (d) power in God's kingdom comes from the Holy Spirit which can help us "let go" of our worries, (e) when we are more concerned about others than ourselves, we are less stressed.

Kingdom of This World=When I put myself first while rarely or never thinking of others before myself.
God's Kingdom=When I put God first while loving my neighbor.

Family MomentTip: Always think about safety when playing any game or doing any activity with your family.

FIVE FAITH PROMISES: PRAYER BIBLE READING FAITH CONVERSATION ACTS OF SERVICE SHARED MEALTIMES & OTHER RITUALS/TRADITIONS

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