

What? Me, Lie?

Honesty is the best policy, right?

Fun.
Faith.
Family.™

➤ **Prayer Time:** Begin with this prayer.

"The Bible says you are a God who is honest with us. Guide our family as we talk about how honesty can help and protect us. Amen"

➤ **Warm Up Time:** From the following list, choose the two top reasons you believe people lie:

- a) to get what they want
- b) to protect friends
- c) to cover up mistakes
- d) to look cool
- e) to get along better with friends
- f) to avoid getting into trouble
- g) to exaggerate the truth
- h) to have a little fun
- i) to hurt someone

➤ **Talk Time:** How do you feel when someone lies to you? How does lying lead to more lies? What are the benefits of telling the truth? What are the bad consequences of lying?

➤ **Bible Time:** Proverbs 12:13 (CEV) says, *"We trap ourselves by telling lies, but we stay out of trouble by living right."* How can honesty keep you out of trouble? How can your honesty protect your family?

➤ **Action Time:** Talk about the consequences of lying in relation to each of the reasons people lie listed in the *"Warm-Up Time"* above. For example, if someone lies to protect a friend, is the friend really protected, or can this kind of lie actually hurt a friend in the long run?

"Truthful lips endure forever, but a lying tongue lasts only a moment."

Proverbs 12:19 (CEV)