For parents and grandparents with birth, step, adopted, and foster children



FAITH FORWARD FAMILIES

with Little ones

Thirsty Plants: Your little ones may have helped you water flowers but do they know how plants drink?

You'll Need: a light-colored carnation, blue food coloring, cup, water

God created an amazing way for that to take place and this simple experiment will illustrate it.

Fill a cup or glass with water. Add blue food coloring until the water is very blue. Snip the end off the stem of the flower and place it in the water. Observe with your child what color the flower is now. Wait two days and observe. You may by now start to see the color blue creeping into the flower petals (and leaves and stem).

Say to your child, "Look at the amazing way God provided for plants to drink water up through their stems. We serve an awesome God."

On the Go **Faith** for On the Go **Families**

READ ... this passage from the Bible two times out loud.

Paraphrase this passage for the age of your child:

"Your way is perfect, LORD, and your word is correct. You are a shield for those who run to you for help. You alone are God! Only you are a mighty rock. You give me strength and guide me right." Psalm 18:30-32 (CEV)

TALK ... together—use this activity to get you started.

#1 Involve your whole family in this story time. Begin a story by completing the following sentence.

There once was a ...

Each family member continues the story by adding a new sentence. Keep the story going as long as you wish.

#2 Question Blast:

How did it feel to be in charge of how the story was going to go? What twists in the story surprised you?

How does it feel to know that God is in charge of your story? How often do you talk to God about the story of your life? What has surprised you the most about God's presence in your life?

PRAY ... this prayer or your own prayer.

"Lord, even though it is fun to have control when telling a story, we want the control of our lives to belong to you. Help us to live, knowing your grace and love surrounds and guides us. Amen"



Make **Mealtime Family** Time

Choose one answer for each of the three questions.

- Would you rather eat potato chips with dip or broccoli with dip?
- Would you rather sing hymns or praise songs?
- Would you rather visit a museum or a zoo?

just for **Grandparents**

How can you encourage your grandchild's desire to help others? Do it with them. As part of your visit with your grandchild include an opportunity to do a service project.

Give your grandchild a list of opportunities and choose one together. These could include making a meal for a neighbor in need, packing food boxes at the food bank, delivering old clean towels to an animal shelter or reading stories to folks at a nursing home or assisted

After serving others, take time to pray with your grandchild. Thank God for the opportunity to help and ask God's blessing on those you served.



"You lead humble people to do what is right and to stay on your path." Psalm 25:9 (CEV)

Family MomenTip: Always think about safety when playing any game or doing any activity with your family.

living community.