

On the Go Faith for On the Go Families

READ ... this passage from the Bible two times out loud.

Paraphrase this passage as needed for the age of your child:

"Be fair to the poor and to orphans. Defend the helpless and everyone in need. Rescue the weak and homeless from the powerful hands of heartless people."

Psalms 82:3-4 (CEV)

TALK ... together—use this activity to get you started.

#1 For this mealtime activity you will need slips of paper and pencils. Ask each family member to write down the name of a fictional character or famous person (living or dead) who everyone in your family knows about. Shuffle the slips of paper. Use a small piece of tape to stick the paper to each family member's forehead.

Family members are to treat each other as the famous character or person named on the slip of paper. Let this go on around your mealtime table for several minutes. Take turns guessing who you are.

#2 How did it feel to be treated as someone else? The poor, the unhoused, the marginalized in our society are also treated differently.

#3 Why do people ignore those who have very little? Choose your top two.

- (a) don't like to be reminded of the problem,
- (b) feel like they can't change things,
- (c) don't want to be inconvenienced,
- (d) are desensitized to it,
- (e) are busy and don't have time,
- (f) assume someone else is better equipped to help,
- (g) assume they deserve to be poor.



#4 How do you think God wants you to treat the poor, the hungry, the hurting? What might you do to help?

PRAY ... this prayer or your own prayer.

"Help us Lord to act more compassionately for those in our community who are hurting and need help. Give us kind hearts to make a difference. Amen"

"The Lord God has told us what is right and what he demands: 'See that justice is done, let mercy be your first concern, and humbly obey your God.'" Micah 6:8 (CEV)

Family MomenTip: Always think about safety when playing any game or doing any activity with your family.



FAITH FORWARD FAMILIES with Little ones

God Made That: Give thanks to God for all creation.

As you are driving with your child, name things that you see; people, trees, flowers, or dogs. Older children can practice naming things for you. Say, "God made all the animals and plants we see. Thank you God for all of creation."



Make Mealtime Family Time

Create your own crazy family mealtime story. Before your next meal write down a description of the meal. Use a variety of descriptive adjectives. After you have written the description, go back and erase all the adjectives, leaving a blank space for each one.

During the meal fill in the blanks by asking family members to name adjectives like bashful, leaky, disgusting, pretty and the like. Fill in the blanks with suggested adjectives and read the description of the meal to your family.



Sample: The outrageous Smith family of Phoenix, Arizona has planned an unbelievable meal for our adorable family. This disgusting meal is being held at the crummy dining room of the crazy family. Lots of dreadful foods have been prepared for all our scummy family members to eat. A smelly dinner of confused hamburgers, delightful beans, and bashful chips will be served. The highlight of this pitiful meal will be the serving of a dumb dessert. We hope you enjoy this glitzy meal.

just for Grandparents

Prayer, it can be done long-distance or with grandkids that are near you. Kids today are facing tough situations; school, friends, social media. You can help. Pray for them daily. Tell them that you are praying for them daily. Ask what needs prayer in their lives and what they are celebrating.

End every conversation with your grandchild (in-person, on video or phone calls, or by text or email) with a prayer and a reminder that you are praying for them every day.

