

# Taco Salad in a Bag

*"Give us our food for today."*  
—Jesus, from the Lord's Prayer in Matthew 6:11 (CEV)

Fun.  
Faith.  
Family.™

Here is a simple taco salad recipe with a twist. You can eat it anywhere you go! The recipe serves 6.



1 pound lean ground beef  
1 bag corn chips  
8 ounces shredded jack cheese  
salsa  
shredded lettuce  
zipper-lock storage bags

Thoroughly cook ground beef until it is brown. Allow to cool slightly. Place 2 spoonfuls of meat into each bag. Top with corn chips, cheese, and salsa and shredded lettuce. Zip the bag closed. Gently shake your bag to "mix" your taco salad.

## Praying T.A.C.O.S.

*Praying T.A.C.O.S.* is a popular prayer strategy that can be used with or without *Taco Salad in a Bag*. The strategy is designed to help us remember the important parts of a prayer. Use *Praying T.A.C.O.S.* to help your family focus your prayers.

### FAMILY CONVERSATION STARTERS

- Would you rather live 100 years in the past or the future?
- What thing do kids know more about than adults?
- What is one question you have about prayer?
- Why do you think we pray?
- How often do you pray?

**T** is for THANKSGIVING. We thank God for all our blessings. "Lord, thank you for meeting all our needs."



**A** is for ADORATION. We adore or worship and praise God for who God is. "Lord in heaven, we praise you for being a God who gives us grace and mercy that we don't deserve."

**C** is for CONFESSION. We confess our sins to God. "Lord Jesus, we are sorry for not always obeying you."

**O** is for OTHERS. We pray for others. "Heavenly Father, we ask that Uncle Lester can find a job soon. Help him experience your presence in his life."

**S** is for SUPPLICATION. Supplication is an old, old word that means request. We pray for our needs. "God who meets all our needs, we pray that you will keep our family safe."

**Family MomenTip:** Always think safety when doing this or any other activity with your family.