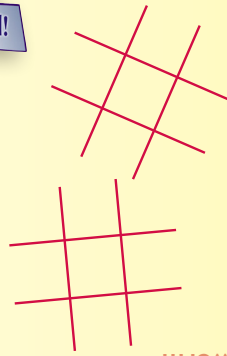


Sample Recipe



Recipe for a Family Mealtime Moment

What do you think a librarian uses for fish bait?*



PROMISE

ONE MINUTE PLEASE

So you think you know how long a minute is?

For this activity you will need a watch with a second hand or stop watch feature, or other form of timer. Ask a member of your family to be the timer. He or she will keep track of exactly how long a minute is while the rest of the family tries to guess. The goal of the activity is for those playing to try to guess exactly how long a minute is from the moment the timer says "Go."
When a player thinks a minute is up he or she should quietly raise a hand. The timer calls time when the minute is really up and the person closest to that time is the winner.

Play again to see if your family gets closer to estimating how long a minute really is.

Why do you think hummingbirds hum?*

- Knock, knock!
- Who's there?
- Figs.
- Figs who?
- Figs the doorbell! It's broken!

**Answer: A boobyworm

I'm Going on Vacation

Explain that you will be starting off this memory game by saying, "I'm going on vacation and I'm going to take a suitcase." The family member, on the left, will then pick up the game by saying, "I'm going on vacation and I'm going to take a suitcase" and at this point will add another item to the list so that it becomes "I'm going on vacation and I'm going to take a suitcase and a bathing suit."

The game continues with each family member adding to the list. The list could sound like: "I'm going on vacation and I'm going to take a suitcase, a bathing suit, snacks, floaties, sunscreen, flip flops.....and on and on until you grow tired. All items on the list must be said in order before a new item can be added. Any player making a mistake starts the list again (it's okay to help!).

Go around the table as many times as you wish and end the game at any point.

FAMILY CONVERSATION

- Where is the best place to go in town for ice cream?
- Do you like weekends or weekdays better?
- What is the best thing about the age you are right now?
- What is one of your biggest fears?
- Why do you think it is good for kids to help out around the house?
- Parent: What story did your mom or dad tell you again and again about their childhood?

What do you call a storm cloud's underwear?*

ParentTip: Always think safety when playing any game or activity with your children!

****Answer: Thunderwear!

*Answer: Broken Promise

***Answer: Because they don't know the words.

Silly Sentences



Have a great time creating silly sentences.

- ◆ Give paper and pencils to each family member. Ask them to be seated around the room so that no one can see their papers. Non-readers can play the game by dictating their ideas as their parent writes them down.
- ◆ Say: "We are going to play a wacky word game. The goal of this game is to make a silly sentence using the letters you are given as the first letter of each word in your sentence."
- ◆ Ask one family member to call out five letters. All family members write the letters across the top of their papers and make up a sentence using those letters. The sentence should have a subject and action word. Other letters can be used to make descriptive words.
- ◆ For example, if the letters are G, Q, M, F, and P, someone could make up the message "Give Quality Mice For Presents." Ask everyone to read her or his wacky sentence out loud. Each family member should get a turn calling out her or his choice of letters.



ParentTip: Always think safety when doing this or any other family activity.

Talk SNACK

... for on the go families

To Talk About Together . . .

- *while eating a meal at home!*
- *while in the car!*
- *while on a walk!*
- *while out for a meal!*
- *anytime!*

Check one of the following activities you want to do soon with your family . . .

- Go to the library together.
- Organize a bubble contest.
- Go to a restaurant just for dessert.
- Go out for ice cream.
- Have paper airplane races.
- Play miniature golf together.
- Go for a family bike ride.

Pick three to answer with your family.

- * If you could own a store in the mall, what store would it be?
- * Would you rather live on a boat or in a cave?
- * Do you prefer one or two scoops of ice cream?
- * How old would you like to be?
- * Name a place where you feel close to your family.
- * Why do you think tobacco, alcohol, and other drugs like marijuana create so many problems?