

# Follow the Eater



*An edible follow the leader*

◆ Just like the name implies for this family activity you will be following one family member to lead you as you eat your meal together.

◆ Choose an "eater". Explain that the "eater" will be the leader for the meal. However or whatever he or she eats they will copy. (Nothing gross please.)



◆ Explain to the rest of the family that they will drink, eat, cut their food, and make any other movements that the "eater" makes. (Again nothing gross.)

◆ Choose another family member for the next time you play "Follow the Eater".

**ParentTip:** Always think safety when doing this or any other family activity.