

15 Things I Like About...

It can be harder than you think



- ◆ Pick a topic from the list below (or think of your own).
- ◆ Ask your family members to think of what they like most about the topic.
- ◆ Go around the table until you reach fifteen things.

- ◆ Example: For vacations your family might offer things like car trips, picnics, sightseeing, roller coasters, or the beach. You can make this a monthly strategy for beginning your family meals. This strategy can be done at home, while out for a meal or while eating in the car.



Topics: School, Work, Vacations, Family, Food, Pets, Beach, Sports, Outdoors, Music, Phones, After-school Activities, Homework, Games, Movies, Reading, YouTube, Fun, Computers, Meals, Friday Nights

ParentTip: Always think safety when doing this or any other family activity.